Come join us at the 2014 Boston College Softball Winter Clinics!



The 2014 Boston College Softball Winter All Skills Clinics are open to any and all ages. During these clinics, the Boston College coaching staff as well as current and former student athletes will instruct not only basic fundamentals, but will also go beyond the basics of traditional clinics by using and incorporating many of the same skills and drills Boston College uses at their own practices. All skills from throwing, to defense, to pitching and catching, to hitting, and speed and agility work will be covered during the clinic. We look forward to seeing you!

Any questions or concerns, please contact:

Hannah Jackson 781-690-7263 hannah.angel@bc.edu



BOSTON COLLEGE SOFTBALL



Official sponsor of Boston College Athletics

# BOSTON COLLEGE SOFTBALL

2014 Winter All Skills Clinics



Single Day All Skills Clinics

January 3, 2014 10:00am-2:00pm

January 4, 2014 10:00am-2:00pm

January 5, 2014 10:00am-2:00pm

Clinics will be held in The Bubble

# Coaching Staff



### Ashley Obrest- Head Coach

After graduating from Boston College in 2007, Obrest served as the assistant coach at Concordia University Chicago for one season. Following a one-year stint as the assistant coach at Concordia, Obrest then moved on to Colgate University where she served as the

assistant coach for two years before being promoted to the head coach in July 2010. The 2011 season saw the Elmwood Park. III. native set a school record for most wins by a first year head coach (27) and led the Raiders to a regular season Patriot League title with a 16-3 conference mark. In her first campaign, Obrest guided Boston College to its first 20-win season in five years. The new skipper guided the Eagles to their best start in the previous decade, winning 10 of the first 12 games, before finishing with a 23-30 record. BC was victorious in games versus NCAA tournament teams. including the first defeat of a nationally ranked team (UNC) in three seasons. Under Obrest's tutelage, junior Nicole D'Argento pitched and hit her way to 1st Team All-ACC honors. In 2013, Tory Speer was named to the All-ACC 2nd Team as well as breaking the single season BC homerun record with 15 long balls. Megan Cooley set the single season stolen base record with 31 steals.



#### Hannah Jackson– Assistant Coach

Angel arrives at BC after being an assistant coach at Brown University last year. Prior to her stint at Brown, Angel was the head coach at Division III Emmanuel College. Angel also spent two years as an assistant softball coach at Simmons College in Boston,

Mass., prior to working at Emmanuel. A 2009 graduate of the University of North Carolina-Greensboro, Angel left UNCG being ranked third all-time in strikeouts, and was a member of the 2008 Southern Conference All-Tournament



Team. In 2008-09, she was in the Southern Conference Top 5 in ERA, wins, innings pitched and strikeouts.

#### Melissa Dubay– Volunteer Assistant Coach

Melissa joined Boston College as an assistant coach in the summer of 2013. Dubay was previously an assistant softball coach at Brandeis

University from 2009-13. From 2005-09 Dubay started at shortstop for Boston University. During here four years she was named to the America East Championship All-Tournament Team, earned America East Softball All-Conference honors three times, and made the Louisville Slugger Northeast second team.



#### John Pandolfo- Assistant Coach

John Pandolfo joined the Boston College softball team in August of 2013. For the six years prior to BC, Pandolfo was the assistant coach for the New Jersey Intensity program. Three of his daughters-Maria '13, Angela '09, and Danielle '10 all played at

BC and were captains during their career.

# Clinic Fees

	1/3/14-	10:00am-2:00pm	(\$100)
	1/4/14-	10:00am-2:00pm	(\$100)
	1/5/14-	10:00am-2:00pm	(\$100)

# Registration Form

Name:	
Address:	
City:	State:
Zip:	_ T-Shirt Size
Phone #:	
Email:	
Age:	HS Graduation Year:
Position(s):	

#### Please return registration form, waiver, and checks to:

Boston College – Softball ATTN: Ashley Obrest 140 Commonwealth Ave. Conte Forum 412 Chestnut Hill, MA 02467

PLEASE MAKE CHECKS PAYABLE TO: BOSTON COLLEGE SOFTBALL

Due to Boston fire codes, spectators are not allowed in The Bubble during the clinic.

THERE WILL BE NO REFUNDS!

Boston College Clinic Waiver:				
The named participant				
has my permission to participate in the BC Softball Winter Clinic. In case of an emergency, I understand that every attempt will be made to contact the emergency contact listed below. If contact is unsuccessful, I give permission to the attending certified athletic trainer to render medical treatment to the participant, including (if necessary) hospitalization. Any expense arising from injury is the responsibility of the person signing below.				
Accident insurance for the 2014 Boston College Winter clinic is provided by Boston College on an excess basis. All registrants must have their own primary medical insurance. Any medical costs and expenses will be the primary responsibility of the parent or guardian's medical coverage.				

I, the undersigned parent and/or legal guardian of the participant listed above, do hereby consent to his or her participation in the program identified above. I, as the parent of the participant and on behalf of the participant, release, hold harmless and agree to indemnify Trustees of Boston College and each of their respective members, partners, officers, directors, faculty, staff, representatives, affiliates, employees and agents, as applicable, from and against any present or future claim, loss or liability for injury to person or property which I or the participant may suffer, or for which the Participant may be liable to any other person, related to their participation in the program (including periods in transit to or from the participant's destination), resulting from any cause, including but not limited to ordinary or gross negligence.

Date:

Name of Participant (Print): Emergency contact: Emergency phone:

Insurance company: Policy #:

Signature of Parent/Guardian: